Seven Stones and The Next Practice Institute present:

Healing as Restoration of "Original Movement"

A 3-day Somatic Intensive for Practitioners and Leaders

June 17–19, 2024
Days 1-2: 9:30am – 5:00pm ET
Day 3: 9:30am – 3:00pm ET
1780 House↗ Concord, MA

Human beings are designed to move, to long, to desire, to reach, to push and pull and to let go. Join us in releasing these natural life-giving impulses, desires and movements so we may restore our sense of flow and alignment with our purpose.

In this deeply experiential session, we will:

- Distinguish what we mean by our "original movement."
- Look at stagnations in the body and how those are connected to traumatic or distressing experiences.
- Become observers of habits cultivated (our own and others) to protect or compensate when our original movements were interrupted or stunted.
- Connect unfulfilled movements to patterns that we and our clients are living today.
- Practice a step-by-step process for meeting defenses with care and respect and without an agenda to fix them, even if our mandate is to change or achieve something.

Faculty


Jennifer Cohen


Gina LaRoche


Jennifer Krier

Course Pricing

Honoring
$2,000
For individual learners or anyone in a small non-profit

Valuing
$3,500
For midsize companies and large non-profit organizations

Investing
$5,000
For all being sponsored by a corporate system

We are committed to keeping our offerings accessible and partial grants will be available upon request. Additionally, a 10% discount will be provided to those interested in attending both June and September intensives.

Are you ready to listen with fresh ears, see with new eyes, and act with new resolve?

Register Here

About Our Faculty



Jennifer Cohen

Jennifer Cohen is the co-founder of Seven Stones Leadership Group and has studied the art and science of transformational coaching and facilitation since 1992. She is masterful at designing deep-dive learning opportunities that create a container for transformation, healing, and growth. Jen holds a Masters in Marriage and Family Systems Therapy, is certified as a Master Coach by The Strozzi Institute, has studied Energetic Principles and Healing & Polarity Therapy, and has been a student of Vipassana meditation since 1993.



Gina LaRoche

Gina LaRoche is the co-founder of Seven Stones Leadership Group and brings over 25 years of experience as an organizational leadership consultant, facilitator and executive coach. She brings heart and courage to all of her work, with a particular focus on the mind body connection for transformational change. Gina is a Strozzi Institute trained Somatic Coach, and has studied Energy Mastery with Lynda Caesara, as well as Polarity Therapy. She brings a trauma-informed lens to her coaching, and is a meditation teacher in the Insight Meditation tradition.



Jennifer Krier

Jennifer Krier is a somatic coach and therapist who has worked in the fields of Anthropology, Yoga, and Psychotherapy. She integrates reflective conversation with body-based and mindfulness experiences to facilitate deeper self awareness, more authentic self expression, and embodied leadership in action. Jennifer has studied and is certified in many body-based healing modalities including Strozzi Somatic Coaching, Sensorimotor Psychotherapy, and Somatic Experiencing, in addition to being a registered yoga teacher since 2012.

About Seven Stones Leadership

Seven Stones is a leadership journeys company founded by Gina LaRoche and Jennifer Cohen. Our learning programs, coaching practice, organizational consulting engagements and groundbreaking thought leadership work are all designed to help bring about a world that is loving, courageous and just.
www.SevenStonesLeadership.com↗

About The Next Practice Institute

The Next Practice Institute is the professional development arm of Mobius Executive Leadership, a consortium of practitioners across disciplines of business strategy, organizational development, psychology and the esoteric arts who come together to awaken leaders.
www.mobiusleadership.com/npi-overview↗

THE NEXT PRACTICE INSTITUTE