

Questions Surrounding Money

An excerpt from *The 7 Laws of Enough: Cultivating a Life of Sustainable Abundance*

- What is my relationship to money?
- Who taught me about money and what did I learn?
- What does money mean to me? What is money? Where did it come from?
- What does money have to do with time?
- Where am I in scarcity about money? When did I first start to suffer in relationship to money and notice I had too little or too much?
- How do I want to relate to money now? Friend, enemy, sibling, lover?
- What secret about money am I willing to admit to myself, and to one other person?
- Am I willing to stop letting the amount of money I have or don't have define me?
- What story am I telling myself about money that is disempowering me? Am I willing to surrender to this story?

